



Mothers with Anal Sphincter Injuries in Childbirth

Supporting mothers, making the public aware, educating the profession

Registered with the Charity Commission for England and Wales no. 1169632

Website: www.masic.org.uk

PREVENTING AND TREATING OBSTETRIC ANAL SPHINCTER INJURIES IN CHILDBIRTH

Thursday, 9 May 2019

10.00 – 16.30 hours

**Richmond and Hillcroft Adult Community College (RHACC)
Parkshot Campus, Richmond upon Thames
London TW9 2RE**

Sponsored by **MOORE BLATCH**

Cost: £20 (£10 students, free to OASI Mothers)

Includes lunch and refreshments

A multidisciplinary study day organised by the MASIC Foundation with leading speakers, reflecting the diverse professional roles required to coordinate and deliver effective and individualised care for women experiencing Obstetric Anal Sphincter Injury (OASI). The study day is open to OASI mothers and professionals, with relevance to students and registered professionals in midwifery, nursing, physiotherapy, mental health, obstetrics, urogynaecology and pelvic floor surgery, among others.

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PROGRAMME

09.30 Registration and refreshments

Morning Session

Chair: Professor Robert Arnott (Secretary of the MASIC Foundation)
Welcome

10.00 Professor Michael Keighley (President of the MASIC Foundation)
The OASI Syndrome

10.15 Margaret Unwin (CEO of The MASIC Foundation)
The MASIC Foundation

10.20 **A Mother's Story (probably more than one)**

10.50 Posy Bidwell
The OASI Care Bundle: what has been achieved?

11.10 Professor Debra Bick (University of Warwick)
Midwifery education in response to the OASI Care Bundle

11.30 *Break*

11.50 Samantha Vincent (Highly Specialist Pelvic Floor Physiotherapist, Imperial College Healthcare NHS Trust)
Physiotherapy Support for OASI Mothers

12.10 Annika Taithongchai (Clinical Research Fellow to Miss Thakar and Mr Sultan, Urogynaecology Department, Croydon University Hospital)
The role of anorectal physiology in assessing risk of OASI

12.20 Dr Matthew Oldfield (Lecturer in Mechanical Engineering Sciences, University of Surrey)
Modelling of anal sphincter damage and continence

12.30 *Lunch with the London MASIC Ambassadors – what have they to tell us?*

Afternoon Session

Chair: Professor Michael Keighley

13.30 Dr Rebecca Moore (Perinatal Clinical Psychologist and Co-founder of *Make Birth Better*)
How to improve the wellbeing of injured mothers

13.50 Brigitte Collins (Global Clinical Education Manager, MacGregor Healthcare Limited)
The role of the Colorectal Nurse and rectal irrigation

14.10 Maya Sushila (Partner, Moore Blatch)
How lawyers can sometimes help

14.20 Professor Bob Freeman (Consultant Urogynaecologist, Plymouth Hospitals NHS Trust)
How can obstetric Pelvic Floor injury and its consequences be prevented?

14.40 Alex Leo (Senior Colorectal Fellow, Barts Health NHS Trust)
Sacral Neuromodulation is this the best treatment now on offer?

15.00 Mrs Julie Frohlich (Consultant Midwife, St Thomas' Hospital)
What are the priorities for MASIC in its role of supporting women with OASI?

15.20

Questions and Answers followed by summary and close of meeting

Refreshments and depart

TO BOOK AT PLACE PLEASE GO TO EVENTBRITE

<https://www.eventbrite.com/e/preventing-treating-obstetric-anal-sphincter-injuries-in-childbirth-tickets-59176111342>