



Mothers with Anal Sphincter Injuries in Childbirth

*Supporting mothers, making the public aware, educating the profession*

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Website: [www.masic.org.uk](http://www.masic.org.uk)

## **PREVENTING AND TREATING OBSTETRIC ANAL SPHINCTER INJURIES IN CHILDBIRTH**

**Tuesday, 17 September 2019**

09.45 – 16.00 hours

### **Charles Palmer Suite, Leicester County Cricket Ground**

Fischer County Ground, Grace Road, Leicester, Leicestershire, LE2 8EB

There is excellent parking on site at no additional cost



**Supported by**

Leicestershire Law Society Solicitor of the year 2018-2019

A multidisciplinary study day organised by the MASIC Foundation with leading speakers, reflecting the diverse professional roles required to coordinate and deliver effective and individualised care for women experiencing Obstetric Anal Sphincter Injury (OASI). The study day is open to OASI mothers and professionals, with relevance to students and registered professionals in midwifery, nursing, physiotherapy, mental health, obstetrics, urogynaecology and pelvic floor surgery, among others.

### ***PROGRAMME***

- 09.45 Registration and Coffee.
- Session 1**
- Chair:** Baljit Singh (Colorectal Surgeon)
- 10.15 **Welcome**  
Eamonn Breslin (Obstetrician)
- 10.20 **The OASI Syndrome, impact on employment and avoidable injury**  
Professor Michael Keighley (President, The MASIC Foundation)
- 10.30 **The MASIC Foundation**  
Margaret Unwin (CEO, The MASIC Foundation)
- 10.40 **A mother's story**  
Kate Bradshaw
- 10.50 **Comments from other mothers attending**  
Session led by Samantha Arnall and Professor Michael Keighley
- 11.00 **Prevention, informing mothers and the six-week ask**  
Dr Helen McIntyre (Midwife and Educationalist)
- 11.15 **Does C-Section (Emergency and Elective) protect from the risk of anal incontinence**  
Dr Maya Basu (Obstetrician and Gynaecologist)
- 11.30 **How to improve the wellbeing of injured mothers**  
Dr Emma Svanberg (Perinatal Clinical Psychologist and Co-founder of Make Birth Better)
- 11.45 **The OASI Care Bundle: what has been achieved?**  
Vivienne Novis (Clinical Lead for Midwifery, OASI Care Bundle)

- 12.00 **The importance of better detection: the DRE**  
Dr Anuradha Shajpal (Obstetrician and Gynaecologist)
- 12.15 **Long term colorectal consequences of OASI**  
Andy Miller (Colorectal Surgeon)
- 12.30 **The role of the law post Montgomery**  
Mehmooda Duke MBE DL (Solicitor)
- 12.45 **Question and Answer Session**
- 13.00 *Lunch*
- 13.15 **Workshops** Please first obtain your lunch and then go to the workshop of your choice. First come, first served
- **Mother's Support Group and the role of SNS (especially case selection).** This can be attended by anyone wishing to understand more about the consequences of OASI and the place of SNS in the treatment. To be led by MASIC Ambassadors supported by Rebecca O'Connor, Carmen Hoh and a mother who has had SNS treatment. *Location: Charles Palmer Suite*
  - **Role of Physiotherapy, how to ensure compliance and support? -** Clare Crow and Lynne Barrow. *Location: Cottesmore Suite*
  - **Advice on selection and compliance with available forms of rectal irrigation** – Samantha Arnall with Brigitte Collins and other commercial organisations, wishing to explain how their devices work and how women can best learn to cope with treatment. *Location: Illingworth Suite*

## Session II

- Chair:** Professor Michael Keighley (President, The MASIC Foundation)
- 14.00 **The perineum: hygiene, sepsis and scarring: multicultural issues**  
Dr Angie Doshani (Obstetrician and Gynaecologist)
- 14.15 **Conservative therapy: do we prevent these consequences?**  
Lynne Barrow and Clare Crow (Specialist Physiotherapists)
- 14.30 **Investigations and assessment**  
Dr James Stephenson (Radiologist)
- 14.45 **The place of neuromodulation: case selection?**  
Carmen Hoh (Colorectal Surgeon)
- 15.00 **Psychosexual Considerations**  
Professor Noelle Robertson (Clinical Psychologist)
- 15.15 **The role of small volume rectal irrigation who benefits?**  
Brigitte Collins (Global Clinical Education Manager MacGregor Healthcare Ltd)
- 15.30 **Long-Term urogynaecological consequences: genital prolapse**  
Professor Doug Tincello (Urogynaecologist)
- 15.45 **OASI Mothers have the last word with a Question and Answer Session**  
Professor Robert Arnott to report and chair
- 16.00 Close

**Six CPD  
Points**

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## Medtronic

**£25.00 (Students - £10.00 and OASI Mothers – free)**

**To book a place please send a cheque to:**

The MASIC Foundation  
Oxford Science Park  
John Eccles House, Robert Robinson Avenue  
Oxford OX4 4GP

*Email: [admin@masic.org.uk](mailto:admin@masic.org.uk)*