



Mothers with Anal Sphincter Injuries in Childbirth

*Supporting mothers, making the public aware, educating the profession*

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Website: [www.masic.org.uk](http://www.masic.org.uk)

## **PREVENTING AND TREATING OBSTETRIC ANAL SPHINCTER INJURIES IN CHILDBIRTH**

A multidisciplinary study day organised in collaboration with Gloucestershire Hospitals NHS Foundation Trust (GHNHSFT)

**Thursday, 30 May 2019**

10.00 – 16.30 hours

**Sandford Education Centre, Cheltenham**

38 Keynsham Road, Cheltenham GL53 7PX

**Cost: £10** (£5 for trainees and students; free to OASI Mothers)

*Includes lunch and refreshments*

A multidisciplinary study day organised by the MASIC Foundation with leading speakers, reflecting the diverse professional roles required to coordinate and deliver effective and individualised care for women experiencing Obstetric Anal Sphincter Injury (OASI). The study day is open to OASI mothers and professionals, with relevance to students and registered professionals in midwifery, nursing, physiotherapy, mental health, obstetrics, urogynaecology and pelvic floor surgery, among others.

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## **PROGRAMME**

10.00 Registration, Tea and Coffee

### **Morning Session**

Chair: Professor Robert Arnott (Green Templeton College, Oxford and Secretary of the MASIC Foundation)

10.30 Dr Richard Hayman and Dr Dhushy Mahendran (Consultant Obstetricians and Gynaecologists, GHNHSFT)

#### ***Welcome***

10.35 Professor Michael Keighley (President of the MASIC Foundation)

#### ***The OASI Syndrome***

10.45 Margaret Unwin (CEO of The MASIC Foundation)

#### ***The MASIC Foundation***

11.00 ***A Mother's Story***

11.15 Claire Winchester (Lead Midwife, GHNHSFT)

#### ***Prevention of Injuries***

11.30 Dr Richard Hayman

#### ***Better Detection of Injuries and their Repair at Birth***

11.45 *Break*

12.00 Kate Mitchell and Claire Winchester (Perineal Clinic, GHNHSFT)

#### ***Perineal Clinic Co-ordinating Care***

12.30 Charlotte Glasspool (Clinical GI Physiologist, GHNHSFT)

#### ***Assessment and Investigation***

12.45 ***How to improve the wellbeing of injured mothers***

Dr Emma Svanberg (Perinatal Clinical Psychologist and Co-founder of *Make Birth Better*)

13.00 **Lunch**

13.10 - Workshop and Mothers' Focus Group

13.55 *In the time allowed it will only be possible to attend either the OASI Mothers' Focus Group or the workshop. The locations will be announced on the day*

#### **Workshops:**

- (1) Advice on selection and compliance with available forms of rectal irrigation – Samantha Arnall with Brigitte Collins and other commercial organisations, wishing to explain how their devices work and how women can best learn to cope with treatment
- (2) OASI Mothers' Focus Group (Led by MASIC Ambassadors)

## **Afternoon Session**

Chair: Professor Michael Keighley

14.00 Rebecca Carr (Women's Health Physiotherapist, GHNHSFT)  
***Physiotherapy Support***

14.15 Tom ROWE (Colorectal Surgeon, GHNHSFT)  
***Selection of Patients for Surgery***

14.30 Paul Durdey (Colorectal Surgeon)  
***Surgical Treatment***

14.45 Jonathan Randall (Colorectal Surgeon, University Hospitals Bristol NHS Foundation Trust)  
***Sacral Neuromodulation***

15.00 Dr Christine Edwards (Consultant Obstetrician and Gynaecologist, GHNHSFT)  
***Management of post-obstetric recto-vaginal fistula***

15.15 Georgia Smith, Philip Rahmanou and Mark James (Consultant Urogynaecologists, GHNHSFT)  
***Management of pregnancy after OASI***

15.30 Questions and Answers, Discussion

16.00 Summary and Close of Meeting  
Refreshments

**Six CPD  
Points**