



Mothers with Anal Sphincter Injuries in Childbirth

Supporting mothers, making the public aware, educating the profession

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Website: www.masic.org.uk

PREVENTING AND TREATING OBSTETRIC ANAL SPHINCTER INJURIES IN CHILDBIRTH

A multidisciplinary study day organised in collaboration with Gloucestershire Hospitals NHS Foundation Trust (GHNHSFT)

Thursday, 30 May 2019

10.00 – 16.30 hours

Sandford Education Centre, Cheltenham

38 Keynsham Road, Cheltenham GL53 7PX

Cost: £20 (£10 for trainees and students; free to OASI Mothers)

Includes lunch and refreshments

A multidisciplinary study day organised by the MASIC Foundation with leading speakers, reflecting the diverse professional roles required to coordinate and deliver effective and individualised care for women experiencing Obstetric Anal Sphincter Injury (OASI). The study day is open to OASI mothers and professionals, with relevance to students and registered professionals in midwifery, nursing, physiotherapy, mental health, obstetrics, urogynaecology and pelvic floor surgery, among others.

Sponsors

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PROGRAMME

10.00 Registration, Tea and Coffee

Morning Session

Chair: Dr Philip Rahmanou (Consultant Urogynaecologist, GHNHSFT)

10.30 **Welcome**
Professor Robert Arnott (Secretary, The MASIC Foundation)

10.35 Professor Michael Keighley (President of the MASIC Foundation)
The OASI Syndrome

10.45 Margaret Unwin (CEO of The MASIC Foundation)
The MASIC Foundation

10.50 **Mothers' Stories**

11.15 Claire Winchester (Lead Midwife, GHNHSFT)
Prevention of Injuries

11.30 Dr Georgia Smith (Urogynaecology Research Registrar, GHNHSFT)
Better Detection of Injuries and their Repair at Birth

11.45 *Break*

12.00 Kate Mitchell and Claire Winchester (Perineal Clinic, GHNHSFT)
Perineal Clinic Co-ordinating Care

12.15 Charlotte Glasspool (Clinical GI Physiologist, GHNHSFT)
Assessment and Investigation

12.30 A representative from Make Birth Better
How to improve the wellbeing of injured mothers

12.45 Question and Answer Session

13.00 *Lunch*

13.15 - Workshop and Mothers' Focus Group

13.55 *In the time allowed it will only be possible to attend either the OASI Mothers' Focus Group or the workshop. The locations will be announced on the day*

Workshops:

- (1) Advice on selection and compliance with available forms of rectal irrigation – Brigitte Collins (MacGregor Healthcare Limited) and other commercial organisations, wishing to explain how their devices work and how women can best learn to cope with treatment
- (2) OASI Mothers' Focus Group (Led by MASIC Ambassadors)

Afternoon Session

Chair: Professor Michael Keighley

14.00 Rebecca Carr (Women's Health Physiotherapist, GHNHSFT)
Physiotherapy Support

14.15 Brigitte Collins (Global Clinical Education Manager, MacGregor Healthcare Limited)
The role of the Colorectal Nurse and rectal irrigation

14.30 Tom Rowe (Colorectal Surgeon, GHNHSFT)
Selection of Patients for Surgery

14.45 Paul Durdey (Colorectal Surgeon)
Surgical Treatment

15.00 Jonathan Randall (Colorectal Surgeon, University Hospitals Bristol NHS Foundation Trust)
Sacral Neuromodulation

15.15 Dr Christine Edwards (Consultant Obstetrician and Gynaecologist, GHNHSFT)
Management of post-obstetric recto-vaginal fistula

15.30 Georgia Smith (Urogynaecological Research Registrar), Philip Rahmanou and Mark James (Consultant Urogynaecologists, GHNHSFT)
Management of pregnancy after OASI

15.45 Questions and Answers, Discussion

16.00 Summary and Close of Meeting

Refreshments

**Six CPD
Points**

TO BOOK AT PLACE PLEASE GO TO EVENTBRITE

<https://www.eventbrite.com/e/preventing-treating-obstetric-anal-sphincter-injuries-in-childbirth-tickets-59374566928>