



Mothers with Anal Sphincter Injuries in Childbirth

Supporting mothers, making the public aware, educating the profession

Registered with the Charity Commission for England and Wales no. 1169632

Website: www.masic.org.uk

PREVENTING AND TREATING OBSTETRIC ANAL SPHINCTER INJURIES IN CHILDBIRTH

in collaboration with the East Anglia Chapter of the ACPGBI

Thursday, 13 September 2018

10.30 am - 4.30 pm

Bob Champion Research and Education Building

University of East Anglia and the Norfolk and Norwich University
Hospitals NHS Foundation Trust

Conference Fee: £20 (£10 for students; Free to MASIC Mothers)
Includes lunch and refreshments

PROGRAMME

- 10.00 Registration, Tea and Coffee
- 10.30 Dr Gabrielle Thorpe (UEA)
Welcome
- Session 1 Chair: Dr Gabrielle Thorpe**
- 10.35 Professor Michael Keighley (President of the MASIC Foundation)
The OASI Syndrome
- 10.45 Professor Robert Arnott (Executive Secretary of the MASIC Foundation)
The MASIC Foundation
- 11.00 ***Mother's Stories***
- 11.15 Jayne Needham (Lead Midwife for Education, UEA)
Prevention of Injuries
- 11.30 Charlie Bircher (Consultant Obstetrician and Gynaecologist, NNUH)
Better detection of injuries and their repair at birth
- 11.45 *Break*
- 12.00 Charlotte Cassis (Specialist Registrar, Perineal Clinic, NNUH)
Perineal Clinic Co-ordinating Care
- 12.15 Dr Stuart Williams (Consultant Radiologists, NNUH)
Yvette Wright (Clinical Physiologist, NNUH)
Assessment and investigation
- 12.30 Round Table Discussion
- 12.45 *Lunch*

13.15 –

13.55

Workshops and Mothers' Focus Group

In the time allowed it will only be possible to attend one linked workshop, A or B. The precise locations will be announced on the day

Workshops:

A: For Midwives

(a) Interventions to reduce perineal trauma in childbirth; and (b) Repairing the perineum

B: For Nurses and Allied Health Professionals

(a) Rectal Irrigation; and (b) Pelvic Floor Exercises

MASIC Mother Focus Group

Session 2 Chair: Professor Michael Keighley

14.00

Lorraine Cuffy (Clinical Nurse Specialist - Functional Bowel, Cambridge University Hospitals NHS Foundation Trust)

Nurse-Led Advice

14.15

Gemma Barnes (Women's Health Physiotherapist, NNUH)

Physiotherapy Support

14.30

Dr Tal Moore (Clinical Psychologist, Perinatal Community Mental Health Team, Norfolk and Suffolk NHS Foundation Trust)

Psychological support for mother and family

14.45

Karen Nugent (Colorectal Surgeon, University Hospital Southampton NHS Foundation Trust and Senior Lecturer, University of Southampton Medical School)

Selection of patients for surgery

15.00

Chris Speakman (Colorectal Surgeon, NNUH)

Surgical Treatment

15.15

Break

15.45

Michael Powar (Colorectal Surgeon, Cambridge University Hospitals NHS Foundation Trust)

Sacral Neuromodulation

16.00

Ilias Giarenis (Consultant Urogynaecologist, NNUH)

Management of pregnancy after OASI

16.15

Round Table Discussion

16.30

Close of Meeting

**Six CPD
Points**

THIS MEETING IS SPONSORED BY

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